



Promoting Seniors Well Being: A Policy Lens- Penny MaCourt

Waterloo Wellington Opportunities
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What attracted us to this LENS!

- Easy to “read”
- Inclusive: health, social, spiritual
- Can be utilized at any stage; developing and reviewing standard policies
- Opens up a conversation: non-threatening



Presentation- Positive....

- Designed as a “checklist”
- Holistic in the approach
- Wellness focused
- Person Centered



System Accountability

- “fits” with evaluation processes
- “fits” with “accreditation processes
- “fits” within person centered self directed care
- Mental Health approach to system development



Where do we plan on utilizing....

- Geriatric Mental Health Best Practice System Development
- Aging at Home “new system developments”
- Elder Abuse- System Development

“Quick view of LENS” in existing policies.....

- Weaknesses are “glaring”
- Paradigm shifts relating to development of policies....“where is the senior”
- Wellness focus ---- versus “illness” focus



Opportunities.....

- Review existing policies
- Utilize in new policy developments
- System wide approach



Opportunities Continued.....

- Involve Self Help Alliance Groups/Seniors Groups
- Region wide focus-----? Provincial Wide
- Take further within Mental Health.... Regional Crisis Mental Health System



Next Steps....*HOPES*

- Apply to Aging at Home Strategies/Programs
- Apply to new policy development
- Apply to existing policies that are presently being reviewed

Through a ‘LENS’ “Passage on Earth”

- There are many grains of sand that can have a positive impact!

